

## Learning

## Guided Reading

### Section 4

#### READING THE SECTION

**DIRECTIONS** Read the definitions below. In the space provided, write the letter of the term that matches each definition.

- |       |   |                         |
|-------|---|-------------------------|
| _____ | 1. approach to active learning that includes six steps to help students absorb information          | a. preview              |
| _____ | 2. an effort to learn a great deal of information all at once                                       | b. PQ4R method          |
| _____ | 3. effort to get a general picture of the material covered in a section of text before reading it   | c. distributed learning |
| _____ | 4. the process of studying something regularly so the learning is spread over several days or weeks | d. massed learning      |

**DIRECTIONS** In the space provided, write the step of the PQ4R method that is being described.

- |       |  |
|-------|--|
| _____ | 5. phrasing questions about the material to be studied, perhaps by changing headings into questions  |
| _____ | 6. thinking about material that has been studied in order to better understand and remember it       |
| _____ | 7. repeatedly studying the same material for better understanding and memory                         |
| _____ | 8. attempting to get a general picture of the material to be studied before studying actually begins |
| _____ | 9. stating information about the studied material aloud to improve memory                            |
| _____ | 10. examining the material to be studied to try to answer questions you have phrased about it        |

**POST-READING QUICK CHECK**

**DIRECTIONS** On the line provided before each statement, write **T** if a statement is true and **F** if a statement is false. If the statement is false, write the correct term on the line after each sentence that makes the sentence a true statement.

\_\_\_\_\_ 11. The PQ4R method of learning was developed by psychologists to help students better absorb and retain information.

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\_\_\_\_\_ 12. Reciting information that you have studied can help you remember that information better.

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\_\_\_\_\_ 13. Distributed learning, also sometimes known as cramming, involves a great deal of study squeezed into a short amount of time.

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\_\_\_\_\_ 14. Massed learning is usually the most effective method of studying.

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**DIRECTIONS** Use vocabulary terms to write a summary of what you learned in the section.

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