

Psychological Disorders**Guided Reading****Section 2****READING THE SECTION**

DIRECTIONS Read each of the following descriptions, and write who or what is “speaking” in the space provided.

- _____ 1. “I am the fear of being in places or situations where escape may be difficult or impossible.”
- _____ 2. “I am the persistent feelings of anxiety caused by stressful and traumatic experience.”
- _____ 3. “I am a disorder that involves cycles of mood changes from depression to elation and back again.”
- _____ 4. “I am the fear of social situations in which I might be exposed to the scrutiny of others.”
- _____ 5. “I am irrational, excessive, and persistent fear of spiders.”

DIRECTIONS Read the definitions below. In the space provided, write the letter of the term that matches each definition.

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| _____ 6. word that derives from the Greek word for “fear” | a. phobia |
| _____ 7. period of extreme excitement characterized by hyperactivity and chaotic behavior | b. panic attack |
| _____ 8. condition that typically involves feelings of helplessness, hopelessness, worthlessness, guilt, and sadness | c. obsessive-compulsive disorder (OCD) |
| _____ 9. period of intense fear characterized by shortness of breath, dizziness, rapid heart rate, trembling, sweating, choking, and nausea | d. depression |
| _____ 10. unwanted thoughts and actions that occur over and over again | e. mania |

POST-READING QUICK CHECK

DIRECTIONS On the line provided before each statement, write **T** if a statement is true and **F** if a statement is false. If the statement is false, write the correct term on the line after each sentence that makes the sentence a true statement.

_____ 11. Obsessive-compulsive disorders include post-traumatic stress disorder and acute stress disorder.

_____ 12. Compulsive hoarding is a type of obsessive-compulsive disorder.

_____ 13. Depression involves a cycle of mood changes from depression to elation and back again.

_____ 14. Mania is a period of extreme excitement characterized by hyperactivity and chaotic behavior.

_____ 15. Phobia refers to a persistent, excessive, or irrational fear of an object or situation.

DIRECTIONS Write three words or phrases to describe each term given.

16. post-traumatic stress disorder _____

17. panic attack _____

18. social anxiety _____

19. agoraphobia _____

20. types of anxiety disorders _____