

Psychological Disorders

Guided Reading

Section 1

READING THE SECTION

DIRECTIONS Read the definitions below. In the space provided, write the letter of the term that matches each definition.

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|---|---|
| _____ 1. clusters of symptoms considered diseases only within specific societies | a. psychological disorders |
| _____ 2. widely used classification system for psychological disorders | b. culture-bound syndromes |
| _____ 3. standards such as typicality and maladaptivity used to determine psychological disorders | c. major categories of psychological disorders |
| _____ 4. mental processes that cause suffering | d. <i>Diagnostic and Statistical Manual of Mental Disorders</i> |
| _____ 5. include anxiety and depressive disorders | e. criteria of disorders |

DIRECTIONS On the line provided before each statement, write **T** if a statement is true and **F** if a statement is false. If the statement is false, write the correct term on the line after each sentence that makes the sentence a true statement.

- _____ 6. The DSM is used by psychologists, insurance companies, and researchers.

- _____ 7. Typicality describes behavior that impairs an individual's ability to function adequately in everyday life.

- _____ 8. Approximately 25 percent of American adults suffer from a mental disorder in a given year.

- _____ 9. Somatic symptom disorders is one of the 19 basic categories of psychological disorders.

- _____ 10. Culture-bound syndromes are behavior patterns or thoughts that interfere with a person's ability to cope with everyday life.

POST-READING QUICK CHECK

DIRECTIONS Read each sentence and fill in the blank with the correct word or phrase.

11. The normality of behavior is often determined by its _____, or the degree to which it is average for the behavior of the majority.
(typicality/maladaptivity)
12. _____ that violate a society's accepted norms may also be an indication of a psychological disorder. **(Culture-bound syndromes/ Socially unacceptable behaviors)**
13. Agoraphobia and panic disorder were both classified as _____.
(depressive disorders/anxiety disorders)
14. _____ disorders involve physical symptoms for which no biological cause can be found. **(Somatic symptom/Impulse control)**
15. Many behaviors associated with _____ would be considered abnormal by people who were unaware of the cultural context.
(psychological disorders/culture-bound syndromes)

DIRECTIONS In your own words, write the definition of each term.

16. psychological disorders: _____

17. culture-bound syndromes: _____

18. maladaptivity: _____

19. typicality: _____
