

## Theories of Personality

## Guided Reading

### Section 4

#### READING THE SECTION

**DIRECTIONS** Read the definitions below. In the space provided, write the letter of the term that matches each definition.

- |       |  |                             |
|-------|--|-----------------------------|
| _____ | 1. focuses on the roles that ethnicity, gender, socioeconomic status, and culture play in shaping personality and behavior | a. self-concept             |
| _____ | 2. consistency between one's self-concept and one's experience   | b. congruence               |
| _____ | 3. a view of oneself as an individual  | c. acculturation            |
| _____ | 4. process of adapting to a new or different culture   | d. humanistic psychology    |
| _____ | 5. focuses on self-awareness, self-fulfillment, and ethical conduct  | e. sociocultural psychology |

**DIRECTIONS** In the space provided, write the vocabulary term that best matches each description.

- \_\_\_\_\_ 6. according to this scheme, there are physiological, security, social, esteem, and self-actualization needs
- \_\_\_\_\_ 7. Carl Rogers placed great emphasis on the ability to view oneself as an individual
- \_\_\_\_\_ 8. these sorts of people tend to define themselves in terms of the groups to which they belong and often give priority to the goals of their groups
- \_\_\_\_\_ 9. the path to this state requires getting in touch with our genuine feelings and acting on them
- \_\_\_\_\_ 10. Western capitalist society fosters this trait or characteristic in people

**POST-READING QUICK CHECK**

**DIRECTIONS** On the line provided before each statement, write **T** if a statement is true and **F** if a statement is false. If the statement is false, write the correct term on the line after each sentence that makes the sentence a true statement.

\_\_\_\_\_ 11. The process of congruence is undergone by people who come to the United States from other countries.

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\_\_\_\_\_ 12. People from Asia or Africa tend to be more individualistic in their attitudes and actions.

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\_\_\_\_\_ 13. Acculturation is the process of adapting to a new or different culture.

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\_\_\_\_\_ 14. Humanistic psychologists are separated from lower animals because they recognize a desire to achieve self-actualization, to reach their full potential.

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\_\_\_\_\_ 15. Carl Rogers, an advocate of humanistic psychology, believed that people are basically good and mentally healthy.

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**DIRECTIONS** Answer the questions on the lines provided.

16. What are the five levels of Maslow's hierarchy of needs?

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17. According to sociocultural psychology, what factors shape personality and behavior?

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