

Theories of Personality

Guided Reading

Section 2

READING THE SECTION

DIRECTIONS Read each of the following descriptions, and write who or what is “speaking” in the space provided.

- _____ 1. “I am the psychological structure in the mind that represents reason and good sense.”
- _____ 2. “I embody ideas and images of the experience of all human beings.”
- _____ 3. “I am the defense mechanism that uses self-deception to justify unacceptable behaviors or ideas.”
- _____ 4. “I send my impulses outward on to other people, seeing my faults in other people.”
- _____ 5. “I remove anxiety-causing ideas from consciousness by pushing them into the unconscious.”

DIRECTIONS Read the definitions below. In the space provided, write the letter of the term that matches each definition.

- | | |
|---|---------------------------|
| _____ 6. an individual under stress returns to behavior characteristic of an earlier stage of development | a. id |
| _____ 7. feelings of inadequacy and insecurity | b. defense mechanisms |
| _____ 8. methods the ego uses to avoid recognizing ideas or emotions that may cause anxiety | c. regression |
| _____ 9. psychological structure in the mind that represents basic drives such as hunger | d. collective unconscious |
| _____ 10. a store of human concepts shared by all people across all cultures | e. inferiority complex |

POST-READING QUICK CHECK

DIRECTIONS On the line provided before each statement, write **T** if a statement is true and **F** if a statement is false. If the statement is false, write the correct term on the line after each sentence that makes the sentence a true statement.

_____ 11. The superego incorporates the standards and values of the community and provides us with our moral sense.

_____ 12. Regression removes anxiety-causing ideas from consciousness.

_____ 13. Rationalization is a defense mechanism.

_____ 14. Sigmund Freud developed the concept of archetypes.

_____ 15. Alfred Adler developed the concept of the collective unconscious.

DIRECTIONS Write three words or phrases to describe each term given.

16. defense mechanisms _____

17. ego _____

18. archetypes _____

19. inferiority complex _____

20. Freud's stages of personality development _____