

**Theories of Personality**

**Guided Reading**

**Section 1**

**READING THE SECTION**

**DIRECTIONS** Read the definitions below. In the space provided, write the letter of the term that matches each definition.

- |   |                      |
|---|----------------------|
| _____ 1. an aspect of personality that is considered to be relatively stable                    | a. personality       |
| _____ 2. people who tend to be active, self-expressive, and gain energy from other people       | b. trait             |
| _____ 3. the patterns of feelings, motives, and behavior that set people apart                  | c. introverts        |
| _____ 4. many psychologists consider these to be the basic factors or dimensions of personality | d. extroverts        |
| _____ 5. people who tend to be imaginative and to look inward                                   | e. five-factor model |

**DIRECTIONS** On the line provided before each statement, write **T** if a statement is true and **F** if a statement is false. If the statement is false, write the correct term on the line after each sentence that makes the sentence a true statement.

- \_\_\_\_\_ 6. Extroverts tend to look inward rather than to other people for ideas.  
\_\_\_\_\_
- \_\_\_\_\_ 7. Eysenck's five-factor model relates to the personality types identified by Hippocrates.  
\_\_\_\_\_
- \_\_\_\_\_ 8. Introverts and extroverts are at opposite poles.  
\_\_\_\_\_
- \_\_\_\_\_ 9. Hippocrates, Gordon Allport, and Hans J. Eysenck can all be considered trait theorists.  
\_\_\_\_\_
- \_\_\_\_\_ 10. A trait is an aspect of personality.  
\_\_\_\_\_

**POST-READING QUICK CHECK**

**DIRECTIONS** Read each sentence and fill in the blank with the correct word or phrase.

11. Psychologists study \_\_\_\_\_ to learn about the feelings, motives, and behavior that set one person apart from another. (**personality/introverts**)
12. The \_\_\_\_\_ has been used to study driving habits and political beliefs. (**five-factor model/trait approach**)
13. Hans J. Eysenck devised a system of \_\_\_\_\_ in an attempt to better understand personality. (**five factors/personality dimensions**)
14. Talkativeness, assertiveness, and activity characterize \_\_\_\_\_. (**extroverts/introverts**)
15. The ideas of Hippocrates bear a certain resemblance to the ideas of the trait theorist \_\_\_\_\_. (**Hans J. Eysenck/Gordon Allport**)

**DIRECTIONS** In your own words, write the definition of each term.

16. personality: \_\_\_\_\_  
\_\_\_\_\_
17. trait: \_\_\_\_\_  
\_\_\_\_\_
18. introverts: \_\_\_\_\_  
\_\_\_\_\_
19. extroverts: \_\_\_\_\_  
\_\_\_\_\_