

Adulthood**Guided Reading****Section 2****READING THE SECTION**

DIRECTIONS Read each of the following descriptions, and write who or what is “speaking” in the space provided.

- _____ 1. “I am the feeling of emptiness and loss mothers and father feel when children leave home.”
- _____ 2. “I am the period in middle adulthood when people’s perspectives change in a major way.”
- _____ 3. “I am the ability to create, originate, and produce.”
- _____ 4. “I am the end of menstruation that occurs in a woman’s late 40s or early 50s.”
- _____ 5. “I am the second period of reassessment often triggered by a midlife transition.”

DIRECTIONS Read the definitions below. In the space provided, write the letter of the term that matches each definition.

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|---|-------------------------|
| _____ 6. young adult children who, after leaving home, return to live with their parents | a. developmental tasks |
| _____ 7. period of searching in midlife that resembles adolescence | b. midsentence |
| _____ 8. many myths surround this major life change that women experience in their late 40s or early 50s | c. baby boomers |
| _____ 9. the focus of these activities is improving one’s quality of life and strengthening relationships | d. boomerang generation |
| _____ 10. people born between 1946 and 1964 | e. menopause |

POST-READING QUICK CHECK

DIRECTIONS On the line provided before each statement, write **T** if a statement is true and **F** if a statement is false. If the statement is false, write the correct term on the line after each sentence that makes the sentence a true statement.

_____ 11. Generativity is a period in middle adulthood when people's perspectives change in a major way.

_____ 12. Midlife crisis is a period of searching in adulthood that in some ways resembles the search of adolescence.

_____ 13. The baby boomers were born in the years beginning just after World War II and extending to 1946.

_____ 14. Midlife transition is a feeling of loss experienced by parents when their children have left home to establish their own lives.

_____ 15. Generativity is the end of menstruation that usually occurs in women in their late 40s or early 50s.

DIRECTIONS Write three words or phrases to describe each term given.

16. generativity _____

17. midlife transition _____

18. midlife crisis _____

19. empty-nest syndrome _____

20. menopause _____