

Adolescence

Guided Reading

Section 1

READING THE SECTION

DIRECTIONS Read the definitions below. In the space provided, write the letter of the term that matches each definition.

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|--|----------------------------------|
| _____ 1. the organs that make sexual reproduction possible, such as the ovaries and testes | a. adolescent growth spurt |
| _____ 2. a sudden burst of physical growth during which adolescents gain height and weight | b. puberty |
| _____ 3. a female's first menstrual period | c. primary sex characteristics |
| _____ 4. the onset of one's ability to reproduce | d. secondary sex characteristics |
| _____ 5. sexual characteristics not involved in reproduction | e. menarche |

DIRECTIONS On the line provided before each statement, write **T** if a statement is true and **F** if a statement is false. If the statement is false, write the correct term on the line after each sentence that makes the sentence a true statement.

- _____ 6. Examples of primary sex characteristics are facial hair in males and rounded hips and breasts in females.

- _____ 7. Secondary sex characteristics include the ovaries and testes.

- _____ 8. The adolescent growth spurt usually lasts two to three years.

- _____ 9. The menarche is a major life event for most girls.

- _____ 10. Adolescence begins with the onset of puberty and ends when physical growth does.

POST-READING QUICK CHECK

DIRECTIONS Read each sentence and fill in the blank with the correct word or phrase.

11. The _____ usually lasts two to three years.
(**adolescent growth spurt/menarche**)
12. Adolescence begins with the onset of _____, the changes that lead to the ability to reproduce. (**primary sex characteristics/puberty**)
13. The deepening of the voice in males is an example of a _____.
(**primary sex characteristic/secondary sex characteristic**)
14. The first menstruation, or _____, usually occurs in girls between the ages of 11 and 14. (**menarche/puberty**)
15. The period of sudden adolescent growth is sometimes called the _____ because parts of their body grow at different rates.
(**awkward age/menarche**)

DIRECTIONS In your own words, write the definition of each term.

16. puberty: _____

17. menarche: _____

18. primary sex characteristics: _____

19. secondary sex characteristics: _____
